

# MNT Training Breastfeeding Course



This course is designed for individuals who wish to deepen their knowledge of breastfeeding and ability to support women who are breastfeeding. The course is held over 2 consecutive days and is open to anyone who has an interest in breastfeeding, however anyone working as a maternity nurse, doula or nanny in a home with a new baby will find the course particularly beneficial. This course is suitable for those who have done our OCN Maternity Practitioner Award and/or Post-Natal Doula Course as a follow on to the knowledge gained there, but equally is very suitable as a stand alone course. All students attending the course will receive a 'certificate of attendance'. For those students who can gain access to a breastfeeding mother before and after the course, there is the option to carry out a breastfeeding observation and teach hand expression. Students who successfully complete these tasks and the course will receive a 'certificate of achievement in breastfeeding support' instead of the certificate of attendance.

## Course content:

- Positioning and attachment
- Observing and assessing a breastfeed
- Educating and supporting women
- Milk supply
- Refusal to feed
- Common problems
- Teaching hand expression
- Expressing and storage times
- Returning to work
- Alternative ways to feed a baby breast milk
- Medication and breastfeeding
- Getting support—breastfeeding counsellors and lactation consultants
- Baby Friendly Initiative

**Course Fee:** £250

**Venue:** University of Reading, London Road Campus

**Dates in 2009:** 13th-14th March 2009 (Fri-Sat)  
20th-21st Nov 2009 (Fri-Sat)

**Attendance:** 9.30-4.30 pm. A light lunch will be provided - please indicate any special dietary requirements below.

**To book your place:** please complete and return the slip below with full course fee of £250 payable to 'MNT' at MNT Training, Unit 10, Rooks Farm, The Street, Rotherwick, Hampshire RG27 9BG. You can also pay by card over the phone 0844 8268 446 between 9.30-1.30 pm.

Once your payment has been received, confirmation details, a receipt and instructions on how to get to the course venue will be sent

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## Breastfeeding Course Reply Slip (2009)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Contact Tel No: \_\_\_\_\_ Email Address: \_\_\_\_\_

How did you hear about the course? \_\_\_\_\_

I wish to attend the Breastfeeding Course on (dates): \_\_\_\_\_

Capacity in which attending i.e. parent/nanny/doula etc: \_\_\_\_\_ Special Dietary Requirements: \_\_\_\_\_

I have read the terms and conditions overleaf and agree to them: \_\_\_\_\_

Signature

## BREASTFEEDING TRAINING COURSE BOOKING TERMS AND CONDITIONS

1. The total cost of the Course is £250 (including VAT). In order to apply for a course, full payment, which is non-refundable, is required along with the completed booking form. (As Course places are limited and cannot always be guaranteed, it is recommended that you telephone MNT to determine course vacancies before applying, in order to avoid disappointment.) If paying by credit card a 3.7% fee will be charged in addition to the course cost.
2. In the event of a student being unable to attend a course or complete a course no refunds will be available, however students may be offered a place on a later course at the discretion of MNT subject to availability.
3. Course fees include tuition and certification fees. Liquid refreshments at break times are also included. All other costs such as travel and accommodation where needed are payable by the student.
4. It is the student's responsibility to ensure that the course is suitable for their requirements. MNT are happy to offer advice but accepts no liability in the event that the content of the course does not meet individual requirements.
5. In extreme circumstances it may be necessary for MNT to reschedule a course or cancel a course altogether due to insufficient numbers, upon which a booking has been made. If the rescheduled dates are not convenient to you, MNT's liability will be limited to a refund of the course paid.
6. MNT reserve the right to alter the advertised course venue and trainers.
7. MNT reserve the right to decline applications.
8. All intellectual property rights, including copyright, patents, design rights and know-how relating to the course or course materials provided or made available in connection with the Course, remain the sole property of MNT. No copies of course materials provided or any usage of or reference to MNT's name may be made unless it has been agreed in writing by MNT.
9. All students are required to observe and abide by all policies regarding health and safety, security, student conduct and any other regulations as set out by MNT and the University of Reading.
10. The course content has been carefully researched and is believed by MNT to be up-to-date and factually correct. Students are welcome to discuss with MNT any information or advice received from elsewhere of a conflicting nature if they wish to do so.

The information on the completed booking form is intended to form a complete statement of the agreement between the course applicant and MNT. Discussions, correspondence, documentations or representations prior to the submission of the completed booking form are deemed not to affect the contractual position of the parties unless otherwise expressly agreed in writing.

MNT Training, Unit 10, Rooks Farm, The Street, Rotherwick, Hampshire RG27 9BG

DIRECTOR: PHILIPPA MURRAY

VAT REGISTRATION NO:785 6732 78